

#### **European Union**

European Social Fund





## Elevate

## Reading

### **Preparing for Adulthood**

What is an adult?





## Adult

#### **Dictionary definition:**

#### Noun: a person who is **fully grown**. **Wikipedia:**

Biologically, an adult is a human being or other organism that has reached sexual maturity. In human context, the term adult additionally has meanings associated with social and legal concepts. In contrast to a "minor", a legal adult is a person who has attained the age of majority and is therefore regarded as **independent**, **self-sufficient**, **and responsible**.

## Preparing for Adulthood:

- Independent means not depending on another for livelihood or subsistence.
- Self sufficient means not relying on others for things that you can do yourself.
- Responsible answerable, or accountable for something within one's power, control, or management.

# What does this mean for delivery of services?



Focus on:

- Not depending on others
- Doing what they can do for themselves
- Being accountable for their actions

## What is Elevate?

#### Engagement:

- Events
- Job Clubs
- 1 day workshops
- Job Fairs
- Partnerships

#### **Programmes:**

- Mapis creative industries / retail / event planning
- RECRO The Life You Want programme
- Basic skills delivery
- Ways Into Work Support into Employment
- Mencap
- Adviza 16 to 18 provision
- Work Experience (1 and 8 week placements)



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## Case Study

#### Isabelle:



Issues: Anxiety / Depression

Isabelle said, "I am so thankful for all the help Elevate has offered me. Being able to come back to show the progress and personal developments I made since I first came to Elevate is amazing. I have gained such a sense of pride in myself and look forward to progressing even further!"

# Links to other providers and referral agencies

#### **Provider Network**

- Reading College
- Henley College
- BCA
- London Irish Hitz
- Independent Training Consortiums
- UTC Reading
- Reading Football Club
- Activate Learning
- MAPIS Project
- Princes Trust
- Wilderness Foundation
- etc etc...40+ providers in the network

#### Referrals

- RBC Service Manager Group
- 3<sup>rd</sup> Sector
- Providers

#### **Employers / Business**

Reading UKCIC

### **Contact for Enquiries**

Elevate Reading Hub

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