

# Postural Management provided by the Integrated Care Home Service

A single point of access for Berkshire West Care Home residents for postural management assessment, advice and equipment

## What do we provide?

- Holistic complex posture assessments in the Care Home setting
- Sleep system assessments for Care Home residents with complex postural needs in Berkshire West
- Collaborative working with e.g. TVNs, DNs, Podiatry within BHFT



With permission from Middlesbrough council and Symmetrikit 2017

## Referral Criteria for Assessment

- The resident has reduced range of movement in any joint (i.e. a contracture)
- or
- The Care Home staff are having difficulties with positioning the resident in bed due to pressure damage
  - The resident must have had a recent review of their pain relief if this is an issue
  - The resident is not currently under the care of a private OT/Physio or the community- based neuro rehab team (CBNRT)
  - The resident is not predicted to be end of life (within the next 2 weeks)
  - The resident is not receiving respite care



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## Useful Information to Include in Your Referral

- If the resident has a contracture, is this impacting on their bed positioning and ability to sit in a chair?
- Does the resident have a swallowing difficulty/are they prone to aspiration pneumonia which you think may be as a result of their positioning?
- Is pain an issue for your resident?



## How to Refer

### Referrals can be made by Care Home Staff and NHS or Local Authority Professionals

**Please email referrals to:**

Carehomesupport@berkshire.nhs.uk

Or Phone:

Katherine Santos (Physio)

Tel: 07717 690323

Ruth Macleod (OT)

Tel: 07827348710

